

St. Mary of the Expectation Catholic Church
Men's ACTS Retreat
September 4-7, 2025
"In every age, O Lord, you have been our refuge" Psalm 90:1

(Please Print)

Name: _____ Preferred to be called: _____
Address: _____
City: _____ State: _____ Zip: _____
Home phone: _____ Cell phone: _____ Work: _____
Email: _____ Date of birth: _____
Other means of contact: _____
Are you a registered parishioner? ☐ Yes ☐ No Name of Parish: _____
Religious preference: _____ Marital Status: _____

Team member who encouraged you to attend: _____
Spouse or significant other: Name: _____
Phone: _____ Email: _____
Close family or friend contact:
Contact #1: Name: _____
Phone: _____ Email: _____
Close family or friend contact:
Contact #2: Name: _____
Phone: _____ Email: _____
Emergency contact person:
Contact #1: Name: _____ Relationship: _____
Home Phone: _____ Cell Phone: _____

Will you have any specific medical needs (e.g., dietary, medication, wheelchair, etc.) during the weekend? ☐ Yes ☐ No.
If yes, please explain. _____

The minimum age requirement to attend is twenty-one. The cost is \$100.00 per retreatant. Registration will be on a first come - first served basis, with a waiting list thereafter. In order to reserve your place, this registration form must be completely filled out and accompanied with a minimum \$50.00 nonrefundable deposit. The remaining \$50.00 is due on or before Thursday check-in at the beginning of the retreat. Completed forms can be mailed or hand delivered to the St. Mary office and will be numbered upon receipt. Make checks payable to St. Mary Catholic Church and note **September 2025 Men's ACTS Retreat** at the bottom left. **PLEASE NOTE that financial difficulties should not prevent anyone from attending the retreat.** If you are unable to pay all or part of the fee, financial arrangements can be made by contacting Frank Prochaska, Director, at 281-896-7474.

PAYMENT INFORMATION

- ☐ **I have included my registration fee of \$100.00 CK # _____**
- ☐ **I have included my non-refundable registration deposit of \$50.00 CK # _____**
- ☐ **I will need financial assistance.**

The 3-day, 3-night ACTS Retreat scheduled for September 4-7, 2025 is presented by St. Mary Catholic Church Parishioners. The goal of this retreat is to deepen our relationship with Jesus Christ and our faith community. This retreat begins Thursday evening and ends Sunday with a meal and fellowship after 10:15 a.m. Mass. Round-trip transportation is provided. **Please see accompanying page for frequently asked questions.**

Please mail or hand deliver completed registration form and fee to:

Men's ACTS Retreat
St. Mary Catholic Church
1612 East Walker
League City, TX 77573

Parish Office Hours
M-Th 8 am – 5 pm
F 8 am – 12 pm
281-332-3031

ACTS Retreats – Frequently Asked Questions

What is an ACTS Retreat?

An ACTS Retreat is held for three days and three nights and is presented by fellow parishioners. The retreat begins on Thursday evening and ends the following Sunday at a Mass celebrated with the Parish Community. Retreats for men and women are given separately. The focus for the weekend is Adoration, Community, Theology, and Service from which the ACTS acronym is derived. The retreat takes on the traditions and atmosphere of the Parish Community sponsoring it. The retreat facilitates the attainment of a new and/or deeper relationship with the Lord through:

Adoration – the call by, acceptance of, and response to God;

Community – the love and caring of others;

Theology – the study of God through scripture and the Catholic Faith;

Service – to God and his people.

Each retreat is conducted by a retreat “team” composed of individuals who have attended prior ACTS retreats. Chosen by the retreat Director and Co-Directors, the team organizes the retreat, conducts the retreat activities, and ministers to the needs of the retreatants during the retreat weekend.

What is the purpose of an ACTS retreat?

To allow each retreatant to experience God’s love and joy and deepen their faith in Him. To allow all to return to their lives with a deeper love for God, each other, and a desire to become more involved in their faith community and serve others.

Why attend an ACTS retreat?

It is a powerful and enduring personal conversion experience. Over the weekend retreatants experience a better understanding of God’s love and His presence in their lives and the journey that He has planned for each of us. Retreatants come away with a new and renewed dedication to live their life as Jesus did by recognizing the needs of those around us and of our obligation, as followers of Christ, to help meet those needs.

Dear Brother in Christ,

Thank you for your interest in our ACTS Retreat and please consider this my personal invitation to attend. You should know, that if you have gotten this far into this invitation, you are probably meant to be with us on this special weekend. It may be us inviting, but it is God calling YOU! Please open your heart and trust Him, as did our Blessed Mother Mary, to lead you on your journey to a deepened faith, love and peace.

We look forward to seeing and serving You!

***Your Brother in Christ,
Frank Prochaska
Director***

You will receive a confirmation letter approximately 10-14 days prior to the retreat with details regarding your attendance at the retreat. You will be notified of the exact time of arrival and additional information, including a detailed list of items to be packed. If you need further information, please contact any of the Directors listed below.

Frank Prochaska
Director
281-896-7474
frankprochaska@gmail.com

Josh Armstrong
Co-Director
281-638-2003
Joshua.Armstrong01@yahoo.com

Adam Vosta
Co-Director
832-228-5122
avosta@gmail.com

John Mee
Co-Director
832-661-9227
Crimson512@yahoo.com

Randy Shipley,
Spiritual Companion
832-358-5694
rbshipley@verizon.net